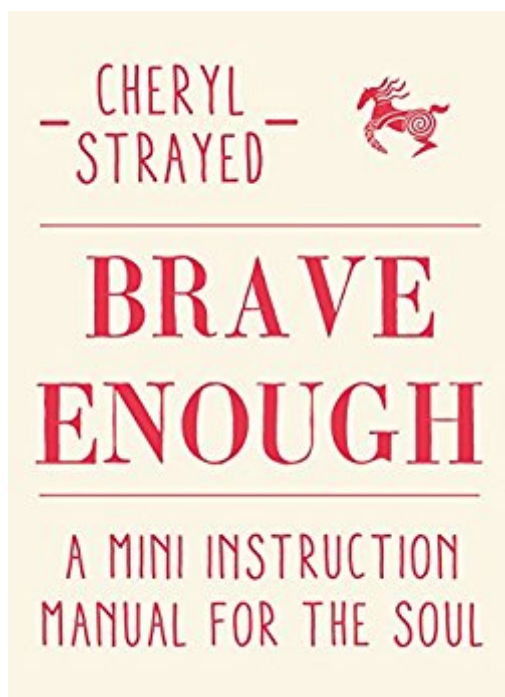


The book was found

Brave Enough: A Mini Instruction Manual For The Soul



Synopsis

'Everyone should have at least two copies of Brave Enough: one to keep near the bath, and one to give out, generously, to whoever needs the help.' The Pool Across the world, millions of people have found life and depth in the words of Cheryl Strayed. Whether it has been in her bestselling memoir Wild or in her collection of advice on love and life, Tiny Beautiful Things, she has been a companion to those who feel alone, a balm to those who hurt, a co-conspirator to those who laugh, and a steel-toecapped boot to those who need tough love. In this courageous and glittering collection of quotes and thoughts, Cheryl Strayed shows that no matter how much life might get you down, words can have the power to pick you back up.

Book Information

File Size: 1360 KB

Print Length: 132 pages

Publisher: Atlantic Books; Main edition (November 5, 2015)

Publication Date: November 5, 2015

Language: English

ASIN: B010KMZTCG

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #63,549 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #11 in Kindle Store > Kindle eBooks > Nonfiction > Politics & Social Sciences > Philosophy > Free Will & Determinism #12 in Kindle Store > Kindle eBooks > Reference > Quotations #14 in Kindle Store > Kindle eBooks > Nonfiction > Parenting & Relationships > Reference

Customer Reviews

I'm a big fan of Cheryl Strayed. Wild: From Lost to Found on the Pacific Crest Trail, of course, is great. But Tiny Beautiful Things: Advice on Love and Life from Dear Sugar was like a revelation to me. Oh my God, I loved that book. Brave Enough is basically a prettily-packaged collection of quotes taken from Strayed's books, essays, and talks formatted in big text and centered on the page. (See attached picture.) There is no dust jacket, so the cover feels like canvas, but the vibrant green with gold letters is beautiful. There is also an orange ribbon bookmark. There isn't a dud quote in here. I

believe the book accomplishes what Strayed says she wanted it to accomplish in the introduction. She says, "I think of quotes as mini-instruction manuals for the soul. It's my appreciation of their very usefulness that compelled me to put together this book. Not because I believe in my own sagacity, but because I believe in the power of words to help us reset our intentions, clarify our thoughts, and create a counternarrative to the voice of doubt many of us have murmuring in our heads--the one that says You can't, you won't, you shouldn't have. Quotes, at their core, almost always shout Yes!" If you enjoyed reading Strayed's other books, you will definitely like the quotes gathered here. And even if you haven't read a thing she's written, this might be a good introduction to her style. Ultimately, this is a very nice book that will look good on a coffee table or will make a thoughtful small gift for the holidays.

First of all let me be clear that I am inspired by Cheryl Strayed and really liked Wild, Torch and especially Tiny Beautiful Things. I think I gave that book to a dozen people. But this book is seemingly just the Cliff notes of TBT; without the content and provocative stories attached to the "slogans." I can't figure out why this was published. It reminds me of those gift books near the cash register at the bookstore--meant as a token gift for a birthday. I'm disappointed!!

Yes it was gutsy Cheryl Strayed, but it was largely pulled from Wild and other sources, with one quote per page. Can't believe it cost what it did. Had as much meat as a chicken wing.

I wanted more. Some powerful quotes, quick read, missing the grit and beautiful soul punching passion of Tiny Beautiful Things and Wild.

Very disappointing. I had hopes that this book would be filled with sayings that would inspire and/or make me feel good. It did nothing of the sort. I also got tired of her using the "F" bomb, which was completely unnecessary.

What can I say...having a collection of Cheryl Strayed's nuggets at my fingertips is delicious. I can turn to any page and get a solid bit of something I need to hear - regardless topic or time of day. They all seem to work for me and I bet the same would be said by most readers.

This is just a collection of Cheryl's favorite "Cheryl quotes" from her books Wild and Tiny Beautiful Things: Advice on Love and Life from Dear Sugar. If you want the quotes in context (which is a

better way to read them, IMHO), read the author's two books instead of this one. I had already read both books, so I'm glad I borrowed this one from my local library and didn't pay money for it..

I saw the Super Soul Sunday interview with Cheryl - and being a fellow lover of quotes I purchased. I'm pretty disappointed. I've found only a handful that resonate--the rest are not groundbreaking and a little too rough around the edges with the language.**correction** I didn't find ANY that resonated. I need to stop listening to Oprah.

[Download to continue reading...](#)

Brave Enough: A Mini Instruction Manual for the Soul Ghost Stories: True Famous Ghost Stories (Are you brave enough to read it? Book 1) Mini Farming & Indoor Gardening: Mini Farming & Indoor Gardening for Fresh & Organic Produce: How To Do Mini Farming In Your Apartment Using Indoor Gardening Techniques The Bride's Instruction Manual: How to Survive and Possibly Even Enjoy the Biggest Day of Your Life (Owner's and Instruction Manual) Soul Mates & Twin Flames: Discover a Timeless Love, Fulfill Your Soul's Purpose, and Experience a Higher Level of Love (Soul Mates, Twin Flames, Karmic ... Spirits, Endless Love, Spiritual Partner) The Desktop Aquarium (Mega Mini Kit): Just Add Water! (Mega Mini Kits) The Mini Rubber Duckie Kit (Mega Mini Kits) iPad and iPad Mini Made Easy: The easy-to-understand user guide for the iPad and iPad Mini Praski's Mini-Guide to Polish Food (Praski's Mini Food Guides) Praski's Mini-Guide to Portuguese Food (Mini Food Guides) Gardening: The Complete Guide To Mini Farming (Square Foot Gardening, Small Space Gardening, Mini Farming For Beginners) Mini Farming For Beginners: Learn 10 Best Ways Of Making Your Small Farm Profitable: (Mini Farming Self-Sufficiency On 1/ 4 acre) (Backyard Homesteading, ... farming, How to build a chicken coop,) Mini Farming: How to Build a Backyard Farm and Grow Fresh & Organic Food. Learn How To Avoid 20 Common Mistakes In Growing Vegetables: (Mini Farming Self-Sufficiency ... farming, How to build a chicken coop,) Mini Atlas of Fetal Anomalies (Anshan Gold Standard Mini Atlas) Librarian's Guide to Online Searching: Cultivating Database Skills for Research and Instruction, 4th Edition: Cultivating Database Skills for Research and Instruction Brave Dad: Raising Your Kids to Love and Follow God St. Patrick and the Three Brave Mice The Lucky Years: How to Thrive in the Brave New World of Health Brave Smiles Brave Battalion: The Remarkable Saga of the 16th Battalion (Canadian Scottish) in the First World War

[Dmca](#)